



*I coach highly motivated men to develop a more powerful sense of masculinity and to align their sexual feelings and behaviors with their personal values and goals.*

**LIFE COACHING CLIENT SERVICE AGREEMENT**

**Client:** \_\_\_\_\_

**Date** \_\_\_\_\_

Thank you for choosing Higher Path Life Coaching. This client service agreement establishes the standards and boundaries of our working together. This agreement authorizes Rich Wyler (doing business as Higher Path Life Coaching) to provide the client the services described in this agreement, at an agreed-upon fee of US\$75 per hour.

Below is an outline of Higher Path Life Coaching policies and a description of what to expect in the services to be provided:

**1) THE COACHING RELATIONSHIP**

As your life coach, Rich serves as your partner in self discovery, personal growth, goal-setting and goal-reaching. He is part coach, part mentor, part teacher, and part accountability partner. His goal is to help you discover within yourself the beliefs or issues that are blocking you from getting all you want out of life, and to help elicit from within you your own best solutions or new ways of being to live more of the life you want to live.

Life coaching is not therapy, and Rich is not a therapist. A life coach does not diagnose or treat disorders. Life coaching may be effective either as a precursor, complement, or follow-up to therapy. This may be especially helpful if you are working with a therapist who does not specialize in issues of same-sex attraction or sexual addiction, as does Higher Path Life Coaching. If you are currently in therapy, you are strongly encouraged to inform your therapist that you are also engaged in coaching, to help ensure that their work with you is mutually supportive toward your goals.

If you are not in therapy, it is possible, depending on individual circumstances, that your life coach may recommend at some point that you consult with an appropriate mental-health professional before continuing with further coaching services.

**2) DELIVERY OF SERVICES/OUTCOMES**

Coaching is delivered during regularly scheduled sessions by telephone or an internet link such as Skype, unless otherwise arranged. Periodically, in-person sessions can be scheduled at the coach’s home-office in Ruckersville Virginia or at another mutually agreeable location. Regularly scheduled sessions may be augmented with occasional “emergency” or unplanned calls, as needed and as the coach is available. (This may be especially valuable to clients who are dealing with particularly high-stress situations or working on overcoming addictive behavior patterns.)

Although the coach works from a basic theoretical model in providing coaching services, it is actually you, the client, who determines the overall direction of the coaching, its pace, and eventual outcomes based on your level of commitment and focus during the coaching process.

### 3) CLIENT RESPONSIBILITIES / RESULTS

In order for coaching to be most effective, the client must make a commitment to take an active part in the process, which may include identifying your own goals and desired outcomes, or doing “homework” assignments and follow-up activities on your own time between sessions.

As the client, you supply the agenda or topic of discussion for each session. It is important that you are truthful and authentic, saying what you believe and feel, sharing shortfalls as well as successes – and not just tell the coach what you think he wants to hear or what you might wish you could truthfully say.

Of course, you are also responsible to pay your coaching fees on time, as agreed upon, and to show up to sessions at agreed-upon times, ready to work.

The coach will assist you to realize your own potential, and respect your right to make your own informed and responsible decisions; thus, you need to be aware that results cannot be guaranteed, and that you are entering into coaching with the understanding that the effort and energy you put into coaching will largely determine the outcomes you experience.

### 4) COACHING CALLS

**4a) Timing of Calls:** Coaching calls typically are 45 or 60 minutes. They typically are scheduled once a week, but some clients benefit from more or less frequent contact, and longer or shorter sessions. Fees are based on the actual time on the call, not the number of calls. If you call in for your coaching session and receive voicemail, you should leave a message; your call will be returned promptly, and you will be provided with your complete coaching time, or it will be rescheduled if that is best for you. If you are late for a call, the coach may need to end the session at the originally scheduled time, although he will extend the call if his schedule allows.

**4b) Additional Client Contact with Coach:** You are welcome to call or e-mail your coach between coaching sessions when you have a challenge, can't wait to share a success, need information, or just want to touch base. This is an added service to you, and calls under 10 minutes will not be billed. Longer unscheduled calls will be considered emergency sessions and will be billed at the regular rate of US\$75 an hour (after the first 10 minutes, which are free), with no minimum charge. You are welcome to e-mail your coach as often as you'd like.

### 5) FEES AND EXPENSES

**5a) Billing rate:** Coaching sessions are billed at a rate of US\$75 an hour (US\$55 for a 45-minute session). Fees are based on the actual total time on the call, not the number of calls – so for instance, the fee for two 30-minute calls is the same as for one 60-minute call.

**5b) Cost of telephone calls:** Unless otherwise agreed upon, the client is responsible for initiating the call to the coach, and the client bears the cost of the telephone call. An audio Internet link, or an audio and video link with a Web cam, is also available for clients who prefer to call via Skype or a similar service.

**5c) Client cancellation of a scheduled appointment:** The client remains responsible for coaching session fees for any regularly scheduled calls that the client cancels with less than 24 hours notice. Cancellation notice should be given by phone (not email) whenever possible. Higher Path Life Coaching is under no obligation to refund or reschedule a coaching session unless advance cancellation notice has been received.

**5d) Coach no-show:** If the coach misses a scheduled call without advance cancellation notice, he will offer the client the option of either rescheduling the call at a mutually agreeable time or receiving a free US\$25 credit toward the next regularly scheduled call.



**5e) Unscheduled “emergency” sessions:** As noted in 4b above, unscheduled calls lasting longer than 10 minutes will be considered emergency sessions and will be billed at the regular rate of US\$75 an hour (after the first 10 minutes, which are free), with no minimum charge.

**5e) No charge for initial exploratory session:** Before agreeing to work together, coach and prospective client will have an initial, no-fee “get acquainted” session to determine whether both feel reasonably confident that the prospective client can benefit from the coaching relationship, that the coach has the appropriate expertise to assist the prospective client, and that the rapport between them is likely to result in a supportive coach-client relationship.

**5f) Fees payable in advance of coaching sessions:** Fees are payable by the month, for all the scheduled or anticipated coaching sessions for that month, in advance of the first coaching session of the month. In unusual circumstances, the client may request a weekly or bi-weekly payment schedule, with payment due in advance of the scheduled one- or two-week period.

**5g) Payment methods accepted:** Higher Path Life Coaching accepts credit card payments made online at [www.higherpathcoaching.com/pymts.htm](http://www.higherpathcoaching.com/pymts.htm) through PayPal, the secure payment processor for Higher Path Life Coaching. Or, if they prefer, clients may send checks or money orders made out to Higher Path Life Coaching to:

Higher Path Life Coaching  
P.O. Box 412  
Ruckersville, VA 22968 USA

Please note that a charge of US\$25 will be automatically applied for any checks returned by the bank, and that you will also be liable for all associated bank penalties incurred.

## 6) TERMINATION OF COACHING SERVICES

To get the greatest benefit out of working together, coach and client normally should begin the coaching relationship with the intention of working together for an initial period of at least three months.

Either party may end the coaching relationship at any point, for any reason. However, client and coach agree to have a final session by telephone before concluding the coaching relationship. The client agrees not to terminate coaching through an email notice alone, or by simply discontinuing communication with the coach, without a concluding coaching session by telephone.

Before completion of the coaching relationship, client and coach agree to settle financially, with the client paying for all coaching sessions received to date, as agreed. The coach will refund the client for the unused portion of any pre-paid coaching services.

## 7) CONFIDENTIALITY

**7a) General confidentiality commitment:** The client’s identity, client relationship, and nature and content of the client’s work with Rich Wyler and Higher Path Life Coaching will remain private and confidential, and neither the coach nor Higher Path Life Coaching will share any information about the client with a third party unless the client consents in writing (email is acceptable) to allow the coach to discuss the client’s work with specific parties for specific reasons that benefit the client.



**7b) Exceptions to confidentiality:**

1) In the course of their regular clerical duties, Higher Path Life Coaching support staff may be privy to name and limited contact information of Higher Path Life Coaching clients, but will have no access to information as to the content of the coaching sessions or matters discussed during coaching. Higher Path Life Coaching support staff are under the same strict requirements of confidentiality as is the life coach himself.

2) In the event that the coach believes there is clear and imminent danger to the life and physical safety of the client or others, the coach may need to disclose selected information in order to make appropriate and potentially life-saving interventions.

3) In highly unusual circumstances, legal requirements may demand that confidential material be revealed.

4) If a client publicly makes false and slanderous claims about the coach’s work with the client, with the intent to harm Higher Path Life Coaching, People Can Change or Rich Wyler personally and professionally, Rich Wyler shall be at liberty to respond publicly to those false charges in order to protect his own personal and professional reputation.

**8) HOLD HARMLESS**

Client agrees to utilize Higher Path Life Coaching services with the full understanding that Rich Wyler, Higher Path Life Coaching, People Can Change, their employees, volunteers and directors are in no way responsible or liable for your decisions, actions and their outcomes. You also agree to hold Rich Wyler, Higher Path Life Coaching, People Can Change, their employees, employees, volunteers and directors free of all liability and responsibility for any adverse situations created as a direct or indirect result of a specific referral, advice given, or any actions taken while working with or as a result of working with Higher Path Life Coaching and/or Rich Wyler.

**Your signature below certifies understanding of, and agreement with, the following:**

I agree to utilize Higher Path Life Coaching services with the full understanding that Rich Wyler, Higher Path Life Coaching, People Can Change, their employees, volunteers and directors are in no way responsible or liable for my decisions, actions and their outcomes. I also agree to hold Rich Wyler, Higher Path Life Coaching, People Can Change, their employers, employees, volunteers and directors free of all liability and responsibility for any adverse situations created as a direct or indirect result of a specific referral, advice given, or my actions taken while working with or as a result of working with Higher Path Life Coaching.

I have read this client service agreement and agree to abide by its terms and conditions, and acknowledge receipt of my own copy of this Agreement.

Client’s Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

For Higher Path Life Coaching: Rich Wyler, Director

**Higher Path Life Coaching requires the above client signature prior to commencing life coaching work. Please complete and then fax, mail or email (a jpeg or similar) signed copy of this page to Higher Path Life Coaching.**

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to develop a more powerful sense of masculinity  
and to align their sexual feelings and behaviors with their personal values and goals.*